

MDCH Encourages Residents to Get Your Flu Shot

- **The peak of the flu season is here and the single best protection against the virus is getting a flu shot.**
- Getting the flu shot is not only good for you; it protects your loved ones, too.
- **My name is Janet Olszewski and I am Director of the Michigan Department of Community Health.**
- Record amounts of the flu vaccine are still available.
- **Help stop the spread of the flu virus. Schedule an appointment to get your flu shot today.**
- For more information, call your local health department or visit the American Lung Association's flu clinic locator at www.flucliniclocator.org.